

The Impact of the Housing First Harm Reduction Model on Chronic Homelessness - Report

Housing First

Valuing the Choices of Service Users



Meets the housing and treatment needs of the chronically homeless population.



Sobriety is not a requirement for stable housing.



Stable housing is provided because housing is a human right and a basic need for survival.

Treatment First

Step 1:
Outreach

Step 2:
Treatment

Step 3:
Transitional housing

Step 4:
Permanent supportive housing

Effects of Housing First

1

Improved substance related issues



Readiness to change
Binge drinking
Overall substance use

3

Decreased use of emergency medical services and increased harm reduction services



Emergency room visits
Methadone maintenance treatment and intervention

2

Improved quality of life



Community functioning
Mental health
Social relationships

4

Increased housing stability



Housing retention
Housing stability
Quicker access to housing